

S+AGE[™] Newsline

Volume 1, Issue 2

Celebrating over 20 years of Caring

Fall 2008

Phones for Life

Did you know that there was a way for an elder to receive a FREE cell phone to use for emergencies? There is! Phones 4 Life is a Canoga Park-based agency, founded by an emergency room physician, that provides cell phones to seniors. Through this service, seniors can have 24/7 access to emergency help allowing the individual to remain more independent.

To learn more about this innovative program, call Phones 4 Life at 888-211-9722 or on the web at www.phones4life.org

S+AGE[™] Website is launched!

A lot has changed in the world since S+AGE[™] was founded by Dr. Osterweil in 1986. Back then, gas was less than \$1 per gallon and if you wanted information about a company, you went straight to the yellow pages. How times have changed! Now, everyone uses the internet for obtaining information and connecting with services.

S+AGE[™] is pleased to announce we are changing with the times. Our new website is now available! Look for us at www.sagecares.com where you will find a wealth of information about S+AGE[™], our doctors and staff, and latest news pertaining to medical care and aging.

If we can be of service to you, your friends, your neighbors, or your colleagues, please do not hesitate to call us at (818) 341-7243.



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What's New at S+AGE™

S+AGE™ Care Transitions is a success!

June 1st saw the inception of our Care Transitions service, where the S+AGE™ Care Manager provides additional assistance to our patients and their caregivers when the patient transitions from one care setting to another. Care Transitions at S+AGE™ is made possible through the generosity of the Circle of Care Foundation.

To date, we have supported many families through transitions and our Care Manager has uncovered hospital errors and medication miscommunication that could have resulted in unnecessary re-hospitalization for the patient without our intervention. Recently, a caregiver had this to say to our Care Manager about Care Transitions, “ I can't thank you enough. It's really been a great weight off my shoulder to be able to have you to contact.”

The success of this program depends on you. Please be sure to notify us if you, our S+AGE™ patient, are hospitalized. To access our Care Transitions service, call Debbie Speciner, LCSW at 818-205-1942.



Debbie Speciner, LCSW joins S+AGE™

S+AGE™ is proud to announce the addition of Debbie Speciner, LCSW to our team! Debra is a Licensed Clinical Social Worker with extensive experience working with older adults and their families. She comes to S+AGE™ with a great enthusiasm for the work that we do and we are happy to have her on our team.



Pharmacy Policy Change

We need you to help us by checking your medication bottles prior to your next visit at S+AGE. By handling all your prescription needs while in the office, we can ensure you will have all the refills you will need to carry you to the next visit. We hope that this will reduce any miscommunication with your pharmacy and improve our ability to provide you with only the best care. Thank you for the trust you place in us!

Meet the S+AGE™ Team



Dan Osterweil, MD, Msc Ed., CMD, Professor of Medicine at UCLA, is the founder of the Specialized Ambulatory Geriatric Evaluation (S+AGE). His areas of expertise include cognitive and functional assessment, particularly fall assessment, management of dementia, pressure ulcers and continuous quality improvement in the nursing home. He is the Director of a UCLA training program in medical management and Associate Director of the Multicampus Program in Geriatrics and Gerontology at UCLA (MPGMG).



After 30 years as an internist and gastroenterologist in a private practice, **Dr. David H. Stern** returned to UCLA Medical Center for additional training to become a specialist in the practice of geriatric medicine. He is Board certified in internal medicine, gastroenterology, and geriatric medicine. Dr. Stern is currently the associate medical director of S+AGE™ and a Clinical Instructor at the UCLA Department of Medicine, geriatric division.



Annette Swain, Ph.D., ABPP is a Neuropsychologist at S+AGE™. Initially trained at the Benton Neuropsychology Laboratory at the University of Iowa and later at the UCLA Neuropsychiatric Institute and Hospital, she is now an Associate Clinical Professor at the UCLA Department of Psychology. Dr. Swain is board certified in Clinical Psychology. Her areas of expertise include neuropsychological and psychodiagnostic assessment of geriatric, neurological, general medical, and psychiatric patients.



Jennifer Watson, Ph.D., a Clinical Psychologist and Neuropsychologist, has been providing neuropsychological evaluations and psychotherapy to adults of all ages for the last twenty years. In 2003, Dr. Watson co-created The Memory Club Program for the Alzheimer's Association California Southland Chapter. She continues to facilitate The Memory Club and conducts support groups for the Alzheimer's Association, National MS Society, and Los Angeles Jewish Home for the Aging.



Tracy Gray, LVN, and **Dorothy Montanio, RN**, are our nurses at S+AGE. Collectively, they have 40 years of experience working with older adults.



Marcella Valles has been with S+AGE for the past 11 years. She is the office manager extraordinaire who never forgets a name or a face!



Joy Fruth, MSW is the Program Director at S+AGE and has worked with older adults and families for the past 14 years in care management, crisis intervention, group support and hospice.

S+AGE™ Newsline

S+AGE™
at Sherman Oaks Hospital
4911 Van Nuys Blvd., Suite 100
Sherman Oaks, CA 91403

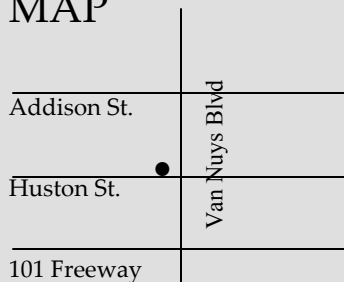
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S+AGE™ NEWSLINE

S+AGE™

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4911 Van Nuys Blvd.
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Sherman Oaks, CA 91403
(818) 341-SAGE (7243)
(818) 990-4662 Fax

MAP



Upcoming Events

Free Memory Screenings by S+AGE™

Appointments available at three community sites:

S+AGE™ at Sherman Oaks Hospital (818) 341-SAGE (7243)

Circle of Care Leeza's Place (818) 817-3259

ONEgeneration (818) 705-2345

Calendar Events

Call Joy Fruth at (818) 205-1917 for details on the following lectures:

November 6 at 7pm · Dr. Dan Osterweil · "Normal vs. Abnormal Aging" ·

Location: Stephen S. Wise Temple

November 13 at 12:00 pm · Dr. David H. Stern · "The Impending

Alzheimer's Crisis" · Location: S+AGE™

November 15 at 8:30 am · Dr. Jennifer Watson · "Caring for Someone with

Dementia: Diagnosis, Treatments, Medications & Problematic Behaviors" ·

Location: Antelope Valley Inn & Conference Center